

Registration Form

Complete one registration form in full per player. Registrations without a signature of a Parent or Guardian will not be accepted. Make all checks payable to "Ocean City FC" and mail to 200 Sixth Street, Ocean City, NJ 08226.

There will be a \$25.00 service charge on all returned checks. All payments are non-refundable, regardless of cancellation due to weather.

For more information call 609-525-9999 or email lbrown@oceancityfc.com

Players Name _____

Home Phone _____

E-mail _____

Address _____

Birthdate: _____ Age _____ Male/Female

Emergency Contact Person _____

Emergency Phone _____

I would like to register for the following training:
(Please tick one):

Skillz Program (u8 - u14) _____ \$250.00

Goalie Training (u8 - u14) _____ \$250.00

High School (u15 - u18) _____ \$250.00

I certify that my child enrolled above is in excellent health and may participate in strenuous activities, including soccer. I agree to hold ocean City FC, its servants, agent, and/or employees and contractors harmless from any and all claims from injuries to my child during his or her participation in the training. Permission is hereby granted to the Ocean City FC for my child to receive emergency medical treatment, if needed and certify that there are no limits to my child's participation except as stated in writing and included with this application.

Please Print:

Parent/Guardian Name: _____

Signature: _____

Who is Ocean City FC?

Ocean City FC is a professional soccer organization that operates the Ocean City FC Nor'easters men's minor league soccer team and provides the highest level of amateur and youth soccer in southern New Jersey.

Ocean City FC is actively involved in many communities throughout southern New Jersey such as; Ocean City, Upper Twp, Hamilton Twp, Mainland United, Atlantic Untied, Egg Harbor, Glassboro, and Deptford, providing professional training services for local clubs and schools.

To complement its minor league team and professional training services, Ocean City FC operates southern New Jersey's only Super Y-League and Pre Super Y-League teams during the summer months for youth players from ages u10 - u20 both boys and girls.

Players participating on Ocean City FC Super Y-League and Pre Super Y-League teams return to their local club teams and High Schools once the summer season is complete.

Super Y-League - Ocean City FC will field u12 - u20 boys and girls teams to participate in the 2011 Super Y-League season. These teams are for the advanced player serious about the game. Teams will participate in league play in a Mid Atlantic division that consists of teams from all over the region travelling to Maryland, Pennsylvania and New York for single games. Teams will train twice a week from May through to early August.

Pre Super Y-League - Ocean City FC will field u10 - u14 boys and girls teams to participate in the 2011 summer season. These teams are for the committed player passionate about the game. Teams will participate in a series of regional weekend tournaments and train twice a week from June through to the end of July.

Tryouts will be held to evaluate players and form the Ocean City FC Super Y-League and Pre Super Y-League summer teams. Visit www.oceancityfc.com



Indoor Winter Training

Skillz Program (u8 - u14)
Goalie Training (u8 - u14)
High School (u15 - u18)

Jan 12 - Mar 3 (8 weeks)
One 2 hour session a week
Time: 6:00pm - 8:00pm
(Wednesday or Thursday)

Training Located at
Eurosports Center
1524 Grant Street, Egg Harbor City

For online registration visit:
www.oceancityfc.com

Professional Training from the
Ocean City FC Coaches

Skillz Program (u8 - u14)

Description:

Our Skillz Program is designed to teach younger players the importance of possessing skillz, having a good touch, and being confident to express their ability. Players are encouraged to use different dribbling techniques, turns and skillz to maneuver away from opponents to create space needed for passing, crossing and shooting.

Small sided games will be used to ensure each player gets maximum touches on the ball during the session.

This program is open to boys and girls u8-u14 age groups.

This is an 8 week program consisting of one 2 hour session each **Wednesday**.

All session will run from 6pm - 8pm.

Dates are as follows:

January 12th

January 19th

January 26th

February 2nd

February 9th

February 16th

February 23rd

March 2nd

Cost of this program is \$250.00 per player.

Each player receives professional training and an Ocean City FC Nor'easters t-shirt.

Complete the mail in registration form or

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Goalie Training (u8 - u14)

Description:

Our Goalie Training is designed to teach young goalies the techniques required for this specialist position. Topics covered will include shot stopping, positioning, receiving and distributing, reaction time, body shape, alignment, hands, recovery, footwork, agility, strength, and much more.

These intense sessions will see goalies working in small groups whilst focusing on each players individual development.

This program is open to boys and girls u8 - u14 age groups.

This is an 8 week program consisting of one 2 hour session each **Thursday**.

All session will run from 6pm - 8pm.

Dates are as follows:

January 13th

January 20th

January 27th

February 3rd

February 10th

February 17th

February 24th

March 3rd

Cost of this program is \$250.00 per player.

Each player receives professional training and an Ocean City FC Nor'easters t-shirt.

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High School (u15 - u18)

Description:

Our winter High School training is geared towards getting the serious player ready for the spring season. As well as refreshing the basic techniques and re-enforcing the importance of a good touch, this program will combine agility, plyometrics, stamina and speed exercises with and without the ball.

Small sided possession and games will be used to challenge the players and prepare them mentally and physically for the outdoor game.

This program is open to high school boys and girls u15 - u18 age groups.

This is an 8 week program consisting of one 2 hour session each **Thursday**.

All session will run from 6pm - 8pm.

Dates are as follows:

January 13th

January 20th

January 27th

February 3rd

February 10th

February 17th

February 24th

March 3rd

Cost of this program is \$250.00 per player.

Each player receives professional training and an Ocean City FC Nor'easters t-shirt.

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